Revised: September 2019 By Quality of Life Coalition, Inc. 300 N. Cedar, Suite 210 Abilene, KS 67410 785-263-1550

COALITION, INC.

Email: director@qlcdkcoks.org Website: www.qlcdkcoks.org

Making Where We Live a Better Place!

Dickinson County Family Resource Guide

Abuse/Neglect/Exploitation of An Adult or Child KS Protection Report Center 1-800-922-5330 or Call 911

Abuse/Violence Domestic Violence Association of Central Kansas (DVACK) 1-800-874-1499. Emergency assistance for victims of domestic violence and sexual assault.

Childcare Centers

Abilene Childcare Learning Center 504 S. Campbell, 785-263-1799 **Discovery Childcare Learning Center** 205 North E. St. Herington, 785-258-2121 **Learn & Grow Depot Child Development Center** 1003 N. Brady, Abilene, 785-263-6645 **Childcare In-Home Facilities**

Child Care Aware (785) 823-3343 or (877) 678-2548. Daycare information for all licensed day cares in Kansas.

Dickinson County Health Department: Childcare Licensing 1001 N Brady, Abilene 785-263-4179

Counseling

Cedar House Foundation 785-280-1391.

www.cedarhouserecovery.org. Women's sober living environment. More divisions of the Cedar House Foundation include: Cardinal House, Sisters of Serenity Cabin Group, Food Bank, Micro-Farm, **Social Enterprise**

Central Kansas Foundation (CKF) 306 N Cedar, Abilene, 785-263-7388. Alcohol and drug treatment services.

Central Kansas Mental Health Center

420 NE 10th St, Abilene, 1-800-794-8281

Kansas Tobacco Quit Line 1-800-QUIT-NOW, 1-800-784-8669 Postpartum Hotline 1-800-PPD-MOMS, 1-800-773-6667 **Crisis**

HOTLINE Crisis Information Referral 1-888-897-9124 Oasis 1-866-520-2760. Options for runaway & homeless youth. POISON CONTROL CENTER 1-800-222-1222 **SUICIDE HOTLINE 1-800-273-8255**

Disability

Independent Connection Inc. 1710 W. Schilling Rd., Salina, KS 67401 785-452-9580 or 800-526-9731, www.indconnectinc.com. A Center for Independent living that assists people with disabilities to advocate for their rights, locate resources, and live independently in their communities.

Infant Toddler Services, Dickinson County OCCK, Inc., 300 N

Cedar, Ste 214, Abilene, 785-263-2208

Kansas Council on Developmental Disability (KCDD)

Toll Free Number: (877)431-4604

Kansas Society for Crippled Children 1-800-624-4530 United Cerebral Palsy of Kansas 316-688-1888

Education

After School Program: Solomon USD 393, K-5th 785-655-0579 Before & After School Program: Abilene USD 435, K-1st @ Kennedy Elementary 785-263-1088, 2nd-5th @ Eisenhower Elementary 785-263-1643 and 6th-8th @ Abilene Middle School 785-263-1471. Central Kansas Co-Op Education 409 W Cloud, Salina 785-309-5100. Developmental, Vision, Hearing and Dental Screenings for nine (9) school district areas, including all of Dickinson County. Heartland Early Education: free home-based or center-based services for children prenatal-age 5, for families who qualify:

Early Head Start Dickinson County 785-263-0210 Head Start Abilene + Enterprise (Chapman District) 785-263-0210 Infant Toddler Services, Dickinson County OCCK, INC, 300 N Cedar, Suite 214, Abilene, 785-263-2208

Parents as Teachers Abilene 263-4006; Chapman 922-7171; Herington/Hope/Solomon 258-3234 ext.209. Parents as Teachers is provided FREE by your school district, and the Kansas Department of Education to give support to families with children ages 0-5. Smoky Hill Learning Center 785-825-9185, High School Diploma.

Emergency Assistance

Catholic Charities 323 Poyntz Ave Manhattan, KS 785-323-0644. Seeks to reduce poverty for the vulnerable, regardless of religion. Catholic Charities Mobile Outreach Program provides clothing vouchers, food, hygiene items, diapers and wipes, blankets, emergency assistance applications, & other services. In Dickinson County every 2nd and 4th Wednesday (By appointment only.) Call: 785-323-0644

Elsie Brooks Cancer Foundation of Dickinson County 785-263-3233

Gift of Warmth

1-877-566-2769, ext. 402. Kansas Gas energy assistance. HOPE Center 409 NW 3rd, Abilene, 785-263-4673. Emergency financial assistance for families and HOPE house providing transitional home for a homeless family.

Jr. League of Abilene www.jrleagueabilene.com Assists families in Dickinson County in times of need.

Kids in Crisis 1109 N Spruceway, Abilene, 785-263-3474 Providing low-income Dickinson County youth with school supplies, treatment for physical and mental health needs, and other reasonable benefits. LIEAP 1-800-766-3777. Energy assistance.

<u>Food</u>

Abilene Area Food & Clothing Center 409 NW 3rd, 785-263-1221

Bountiful Baskets Enterprise www.bountifulbaskets.org Cedar House Food Bank The Cedar House receives food monthly from the Wichita Food Bank, and adds home grown vegetables as they are available. Call: 785-479-0763 to schedule a delivery. Family Resource Exchange Herington, 785-258-3303

Farmer's Market, Civic Center, Abilene, Wed. evenings 5:30 - 7:00 pm. Sat. mornings 7-11am, June - September

Health

Dickinson County Health Department 1001 N Brady, 785-263-4179 or 200 E Helen, Herington 785-258-2741.

Immunizations both Children and Adult, TB Skin Screening, WIC, Becoming A Mom classes 4 times a year, Breast Pump Rental, Child Care Information, Well-Child Health Assessments, Pregnancy Testing, Breastfeeding Support.

Herington Municipal Hospital 100 East Helen St., Herington, KS 67449, 785-258-2207.

Memorial Health System Affiliates:

Memorial Hospital 511 NE 10th St., Abilene, 785-263-2100
Heartland Health Care Clinic 511 NE 10th St., Abilene,
785-263-4131. Family Medicine providers.
Home Health and Hospice of Dickinson County
1111 N. Brady, Abilene, 785-263-6630 and 11 N. Broadway,
Herington, 785-258-3611. Medicare Certified.
Village Manor 705 N. Brady, Abilene, 785-263-1431.
Long-term care, dementia care, and short-term rehabilitative

Libraries

Abilene 263-3082, Children's Department, 263-1303

Chapman 922-6548 Enterprise 263-8351 Herington 258-2011 Hope 366-7219 Solomon 655-3521

care. Medicare certified.

Maternal Health & Mother/Infant

Annual Community Baby Shower For pregnant women and those with children up to 12 weeks old, and their partner or support person. Dickinson County Health Department 785-263-4179

Becoming A Mom Classes Offered 4 times a year. Dickinson County Health Department 785-263-4179

Breastfeeding Support 785-263-4179 (Dickinson County Health Department) or 785-263-6662 (Memorial Hospital Birthing Unit) Breastfeeding Support Group Dickinson County find us on facebook! Maternal Child Health Program 1001 N Brady, Abilene 785-263-4179 MOPS (Mothers of Preschoolers) Abilene, 785-263-3342 Pregnancy Service Center 785-309-6313.

Mobile truck offering ultrasounds and pregnancy tests. Located at 6th and Buckeye in Abilene every Wednesday.

Women, Infant & Children (WIC) 1001 N Brady, Abilene 785-263-4179

Nutrition

K-State Research & Extension, Dickinson County 712 S Buckeye, Abilene 785-263-2001

Parent Helpline 1-800-332-6378. Parenting help with children.

Social/Recreation

Abilene Parks & Recreation 1020 NW 8th, Abilene 785-263-7266 Great Life Golf & Fitness 1705 Country Club Lane, Abilene 785-263-3811

Impact Sports & Fitness 418 N. Broadway, Abilene 785-263-3888 Herington Recreation Commission 785-258-3577

Social Services

CASA: 785-762-3907. Court advocates for children.

Department for Children and Families Junction City (785) 762-5445 ext.214 TDD: 1-800-766-3777. To protect children, promote healthy families.

Transportation

Herington 785-248-2956. Available to all citizens, fees apply. **Med-A-Van** 785-826-1583. Transportation for medical appointments to and from Salina.

Abilene Public Transportation Van 855-577-4337. Available to all citizens, fees apply.

Neighbor Express: DK County Neighbor To Neighbor Abilene offers free transportation by approved volunteers to appointments within 50 miles of Abilene, by appointment. Call at least 2 days in advance. 785-200-6750 (Booster seat size children and older are eligible.)

Women's Support Programs

Neighbor to Neighbor-Abilene M-F, 9-4 with some scheduled evening activities. 803 N Cedar St 785-200-6750 www.N2NAbilene.com email:NeighbortoNeighbor803@gmail.com For all women in the community: Free art + cooking classes, free lunches, M-F, at appr. 11:30. Monthly book readings for children. Teens can work here on service projects. Free laundry services and shower, in case a woman and her children have a temporary water outage. We are just a community friendship center, where women of all walks of life can come and have fun and support

Youth Development Programs

Abilene Kids Council 785-263-2550
Boy Scouts 644 S Ohio, 1-866-950-7750
Girl Scouts of Central KS 3115 Enterprise- Salina 785-827-3679
4H Dickinson County 712 S Buckeye 785-263-2001

each other. Sister Loretta is a licensed Counselor. For a monthly

calendar, visit Facebook.com/NeighbortoNeighbor-Abilene

Emergency / Fire

In case of emergency dial 911
Police/Fire (non-emergency):
Abilene 419 N Broadway, 263-1212
Chapman 402 N Marshall, 922-6211
Herington 700 S Broadway, 258-2226
Hope 366-7712
Solomon 116 W Main, 655-2900
Dickinson County Sheriff 263-4041 (non-emergency)

Swimming Pools

		263-7866
Chapman	400 E 2 nd	922-7381
Enterprise	305 S Bluff St	263-8442
Herington	501 Broadway	258-2360
Solomon	100 £ 6 th	655-9418